

Community Groups and Organisations - Drop in sessions

CA:MK will be at Whitehouse Medical Center **every Thursday from 9am-1pm.**

★ Come and meet your local voluntary sector ★ Find out about volunteering ★ Tell us what's going on in your area ★

<p>Thursday 15th July 12pm - 1pm</p> <p><u>Al's Pals</u> Independent Cancer support charity for patients of MK Hospital. Offering a listening ear during the long hours of a cancer journey.</p>	<p>Thursday 22nd July 11am - 1pm</p> <p><u>Survivors of Bereavement by Suicide (SoBS)</u> Offer peer support to those over 18 yrs who have been impacted by a loss to suicide.</p>	<p>Thursday 29th July 11am - 12pm</p> <p><u>The Parks Trust</u> Charity caring for over 6000 acres of green space across MK. Find out what's going & how you can get involved.</p>	<p>Thursday 29th July 12pm - 1pm</p> <p><u>Depaul UK</u> A young person homelessness prevention charity new to MK. Offering emergency accommodation to 16-25 year olds. Looking for volunteers and offering advice & support.</p>
<p>Thursday 5th August 11am - 12pm</p> <p><u>Ethnic Minority Achievement Network</u> To raise the attainment of BME/EAL children & support supplementary schools who provide a community of language/culture, faith.</p>	<p>Thursday 12th August 11am - 12pm</p> <p><u>BBCC & Xtra Special Families</u> Hear how these 2 proactive community groups started and the steps that you could take to impact your community too!</p>	<p>Thursday 19th August 11am - 12pm</p> <p><u>Starting Point</u> Mentoring young people aged 15-25 throughout their journey of education & employment, This is done through matching mentors & young people.</p>	<p>Thursday 26th August 11am - 1pm</p> <p><u>Harry's Rainbow</u> Supporting children bereaved of a parent or sibling. Come and talk to us to see how we can support you. We have lots of information to share.</p>

For individuals who are planning on attending, please get in touch if you have any questions.

 01908 661623

**COMMUNITY
ACTION: MK**



danielle@communityactionmk.org

Charity No. 1092047

Community Groups and Organisations - Drop in sessions

CA:MK will be at Whitehouse Medical Center **every Thursday from 9am-1pm.**

★ Find the support you need ★ Get involved in your community ★ Give ideas for community activities! ★

<p>Thursday 2nd September 11am - 1pm</p> <p><u>Citizens Advice</u> We are here to help. Offering free, independent, impartial and confidential advice. Have a chat with us and find out how we can help.</p>	<p>Thursday 9th September 12pm - 1pm</p> <p><u>Depaul UK</u> A young person homelessness prevention charity new to MK. Offering emergency accommodation to 16-25 year olds. Looking for volunteers and offering advice & support.</p>	<p>Thursday 9th September 11am - 12pm</p> <p><u>MK Dons SET</u> 'Not just football'. A charity linked to MK Dons FC & working with over 50,000 people in MK communities. Come and talk to us to find out more.</p>	<p>Thursday 16th September 11am - 12pm</p> <p><u>YiS</u> A local charity working with young people (aged 11 -21), providing counselling, education, training, coaching. Come along and find out more.</p>
<p>Thursday 23rd September 11am -12pm</p> <p><u>MK Dons SET</u> 'Not just football' A charity linked to MK Dons FC & working with over 50,000 people in MK communities. Come and find out more.</p>	<p>Thursday 30th September 11am - 1pm</p> <p><u>Harry's Rainbow</u> Supporting children bereaved of a parent or sibling. Come and talk to us to see how we can support you. We have lots of information to share.</p>	<p>Thursday 7th October 11am - 12pm</p> <p><u>Ethnic Minority Achievement Network</u> To raise the attainment of BME/EAL children & support supplementary schools who provide a community of language/culture, faith.</p>	<p>Thursday 7th October 11am - 12pm</p> <p><u>Citizens Advice</u> We are here to help. Offering free, independent, impartial and confidential advice. Have a chat with us and find out how we can help.</p>

If your organisation would be interested in engaging with this space, please email Danielle - danielle@communityactionmk.org

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Community Groups and Organisations - Drop in sessions

CA:MK will be at Whitehouse Medical Center **every Thursday from 9am-1pm**. This is an opportunity to meet your local groups from the community and voluntary sector. Learn about what they do and how they can help you! Take a look at who we have visiting in the coming weeks ...

Thursday 14th October
11am - 12pm

MK City Discovery Centre

An educational charity set in 12 acres of woodland. With a community garden and gardening club. You can come help us grow fruit and veg!

Would you like to share your work? Get in touch

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